THE COVE RESTAURANT

ORGANIC : HEALTHY : GRASS FED : DELICIOUS :
OPEN everyday



FARM TO FORK

Our food is unforgettably delicious. Produced right here at Adventure farm using regenerative practices.



SOUPS

Tomato Soup — KSH 1,250
Wood fired roasted tomatoes blended with olive oil and garlic into a rich velvet sauce

Butternut Squash — KSH 1,250
Slow baked squash blended with butter and a pinch of nutmeg until silky smooth

All soups served with a warm crusty artisanal bread

APPETIZERS

Chefs Garden Salad — KSH 950
Organic Leafy greens, plum tomatoes, carrot chiffonades, capsicum, cucumber pearls dressed with cilantro gastrique (Sesonal veges)

Bruschetta — KSH 900
Rubbed with fresh garlic and piled high with diced tomatoes, basil and drizzled with extra virgin olive oil

Chicken Satay — KSH 1,500
Marinated tender cubes of chicken, interlayered with veggies and served with homemade chilli sauce

Mediterranean Chicken Salad — KSH 1,150
Cubed chicken supreme, leafy greens, olives, capsicum, croutons, laced with vinaigrette dressing

Mozzarella Sticks — KSH 1,000
Crispy, golden fried with a warm gooey centre for an irresistible cheese pull , accompanied with house-made rich marinara sauce

(For full dish portion extra ksh 500)

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ADVENTURE COVE

FARMER'S BREAKFAST

Cove Farmer's Brunch — KSH 1,950
(2 eggs any style, sausage, baked beans, wood oven baked buns,pancakes, grilled tomatoes and mushroom, Kenyan chai or coffee)

Breakfast Calzone — KSH 1,400
(Pizza dough folded into a half moon shape filled with eggs of your choice, sauteed onions, capsicum, sausage with our signature mozzarella cheese)

Toast of Adventure Farm — KSH 1,200
(Sour dough bread,coated in mozzarella cheese and egg mixture, herbs,basil pesto, seasonal avomash)

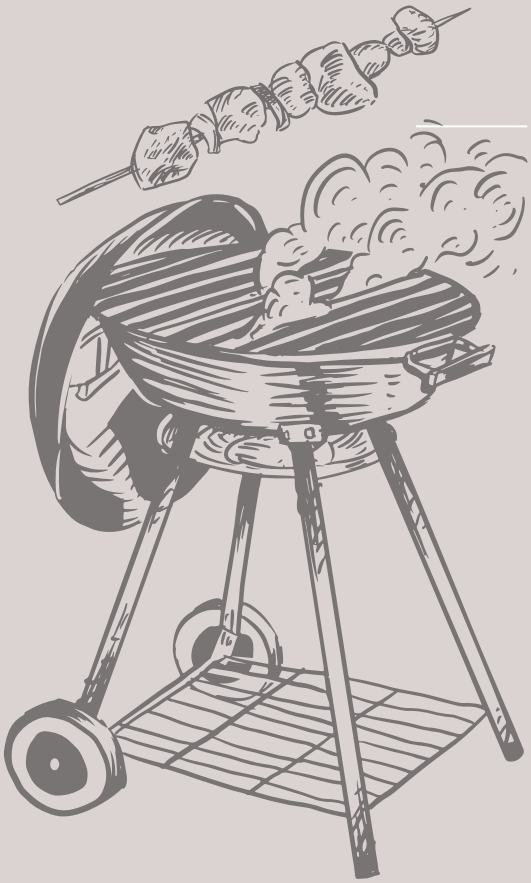
All in one cereal bowl — KSH 1,200
(Granola, sunflower seeds,oat flakes, pumpkin seeds, natural yoghurt, Mulberry syrup)

De_Constructed Egg Benedict — KSH 1,200
(Wood oven buns, poached road runner eggs, cheesy spinach,thyme infused hollandaise)

Kenyan Breakfast — KSH 1,200
(Eggs, sausages,, mushrooms, beans, tomato, sweet potato, arrow roots)

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ADVENTURE COVE



SIGNATURES

Smoked Paprika Corn & Slate Steak KSH 2,950
Premium sirloin cut served with paprika and salt riblets

T Bone Steak (350g) KSH 2,950
Juicy grilled premium cut, basted with fine herbs and set on black pepper sauce

Fillet Mignon KSH 2,750
Grilled to your preferred doneness and served with baby carrots on the side

Slow Roast Smoked Chicken Breast KSH 2,250
Slow Delicate herb rubbed chicken, smoked in hay and hard wood chip served with chicken jus

Herb Grilled Chicken KSH 2,250
Marinated in garlic and fresh herbs, finished with a lemon glaze

Spicy Hydroponic Fed Pork KSH 2,400
Dry rubbed with sea salt and paprika, slow grilled until tender

Honey Mustard Pork KSH 2,350
Pan seared and served with honey mustard reduction

Pan Seared Fish KSH 1,950
Patted dry, seasoned and shallow fried on a hot skillet served with lemon butter sauce and a touch of seasonal veges

Cove Trio Platter KSH 4,500
Craft your ultimate feast with your choice of any 3 fire-roasted meats, from beef, pork, chicken and sausages.

All accompanied with any 2 classic sides of your choice

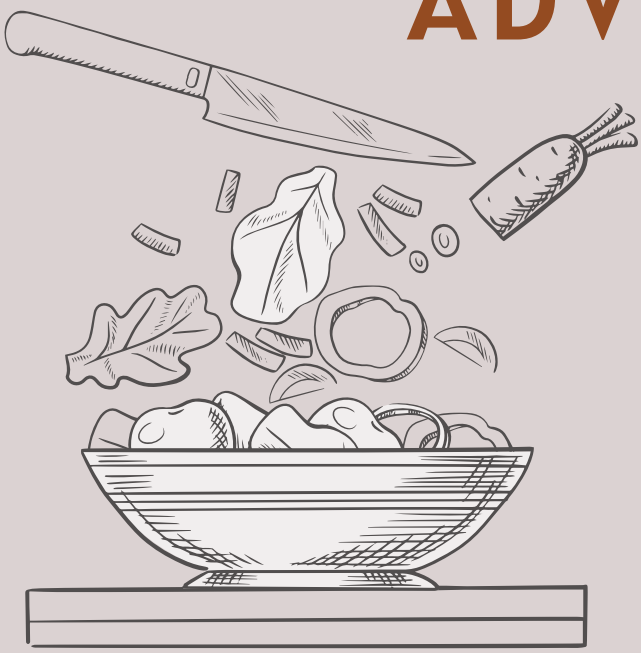
SIDES

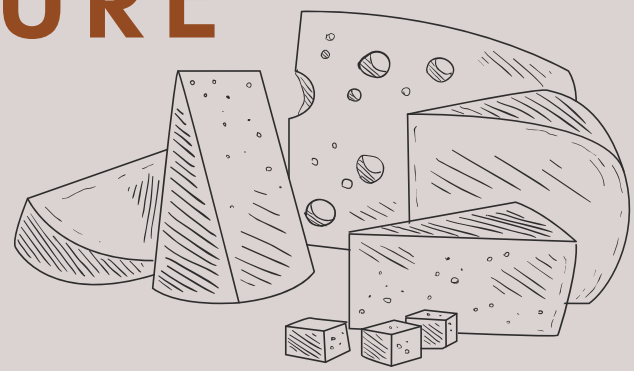
(ALL SIDES- KSH 900)

Hand Cut Chips
Local Seasonal Greens
Sauteed Potato
Green banana mash
Naan Bread
Potato wedges
Roast Maize

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ADVENTURE COVE





VEGETARIAN

Orchard Basket Curry KSH 1,450

Seasonal picked, soaked in handmade curry paste, paired with garlic naan or rice

Stir Fried Farm Vegs KSH 1,300

Seasonal farm vegetables served with umami flavors with your choice of side

Penne Arabiata KSH 1,450

Penne pasta tossed in a homemade sauce of tomatoes, garlic and extra virgin oil with a bold kick of red chillis

LITTLE ANGELS

Fish Fingers & Fries	KSH 950
Beef Sausages & Fries	KSH 950
Chicken Nuggets & Fries	KSH 950
Pasta Pomodoro	KSH 800
Spaghetti Bolognese	KSH 1,000

PIZZAS

MADE WITH MOZZARELLA CHEESE AT HE FARM

Margharita	KSH 1,150
Veggie Pizza	KSH 1,350
Chicken Mushroom	KSH 1,550
Chicken BBQ	KSH 1,500
Hawaian Pizza	KSH 1,500
Meat Affair	KSH 1,850
Pepperoni Pizza	KSH 1,950

BURGERS

The Signature Beef Burger KSH 1,850

Melting mozzarella cheese, herb infused meat galette, caramelized onions, salad filling, caged in a seeded bun

Farm Reared Chicken Burger KSH 1,850

Grilled chicken patties, topped with fermented cabbage, onion marmalade, assorted mesclun and cocktail sauce

Pulled Pork Burger KSH 1,850

Slow-smoked tender hand-pulled pork smothered in house made barbecue sauce and topped with scrisp slaw in a seeded bun

(Extras: grilled pineapple, fried egg, cheese, mushrooms @ KSH 500)

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ADVENTURE COVE

GELATO

Scoop 300
Scoop with gluten-free cone 350
(0.5kg Tub= ksh 1,250)
(1kg Tub= ksh2,500)
Gelato Cake
1.5kg = 4,500/=
2kg = 6,500/=

Vanilla
Mint
Biscotti
Choco Biscotti
Dark Chocolate
Strawberry
Kaiapple
Cashew Nut
Tiramisu
Caramel
White Chocolate
Salted Caramel



FRESH JUICES

(500ml= ksh 350)
(1 l = ksh 700)

Passion pineapple
Pineapple mint
Mango Tangerine
Mango Mint
Strawberry Orange
Tree Tomato
Sugarcane Ginger
Pixie Passion
Tropical



SMOOTHIES/ MOCKTAILS

450ml= ksh 500

Triple B (Baobab, Beetroot, Banana)
Green Goddess
Berrylicious
MYOS(make your own smoothie)

COVE DAWA

Baobab
Mint
Lemongrass
Rosemary



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